

St. Louis Catholic Church

53 Allen Street East, Waterloo ON N2J 1J3 Tel: 519-743-4101
Email: stlouiswaterloo@hamiltondiocese.com Web site: www.saintlouisparish.ca
Served by the Congregation of the Resurrection since 1890.

Office hours: Monday – Thursday 9 - 12 and 1- 4, Friday 9 - 12

Weekday Masses:
Tuesday – Friday 9:00 a.m.
*Rosary: Tuesday to Friday
before 9:00 a.m. Mass*

Sunday Masses:
Saturday: 5:00 p.m.
Sunday: 9:30 a.m.
11:30 a.m.



St Louis Catholic Church

Pastoral Team:

Pastor

Father Phil Reilly, C.R.
preilly@hamiltondiocese.com

Coordinator of Youth and Children's Ministries

Kelly Krause
kkrause@hamiltondiocese.com

Parish Secretary

Anna Malton
stlouiswaterloo@hamiltondiocese.com

Custodian

Doug Lichty

Welcome new members - Whether you are just passing through the area or looking for a spiritual home, we welcome you to St. Louis Catholic Church. We hope you will find our worship environment hospitable and prayerful. People often attend Mass at a parish for months or years without officially registering. Registration here at St. Louis is an expression of your commitment to being an active member of our community. Parish registration simplifies the process with regard to sponsoring a sacramental candidate; obtaining pastoral references and for preparation of baptisms, weddings and funerals. Registration is easy and can be completed at the Parish Office during regular office hours. Registration forms are available at the back of the Church.

Parish Records - Our parish records are very important. We try to keep them up to date. Please advise the office of any changes.

Music in the Liturgy - Music plays an integral role in the liturgical life of the parish. Parishioners are invited to join our choirs. Please contact the choir directors:

- 9:30 Choir - Bob Reinhart (robertreinhart182@msn.com),
- 11:30 Choir - Donna McLellan (donna-ipad@hotmail.com),
- 5:00 Choir - Peter DeSousa (organist) or Youth Music.

Sunday programs for children - During the Sunday morning 9:30 a.m. Mass there is babysitting for children under 3 years of age, Sunday School for 3 to 6 years of age and Children's Liturgy of the Word for children ages 7 and up.

Sacramental Life - St. Louis Parish celebrates the sacraments for its members who are registered and regularly attending. If you are not registered you are automatically a member of a parish closest to you.

Baptism - Celebrated once a month. Please speak with a priest after Mass on Sunday.

Sacrament of Reconciliation - Saturdays 4 - 4:30 p.m., or by appointment.

Marriage - For registered and supporting members, please contact the parish office at least one year in advance of your date.

Becoming Catholic - Rite of Christian Initiation of Adults, preparing adults for baptism and/or to join the community. Please contact the office for further information.

Anointing and Pastoral Care - Our parish community cares about the sick and elderly and the lonely. Please notify the parish office to arrange for them to receive the Anointing of the Sick, or to have the Holy Communion brought to them.

Pastoral Care to those in Hospital - A family member is asked to contact the parish whenever a parishioner is in hospital and requests a pastoral visit, or Sacrament of the Sick (Anointing).

Priesthood and Religious Life - Is God calling you to religious life, as a Brother, Deacon or Priest? If so, please contact the Vocation Director for the Congregation of the Resurrection, at crvocations@gmail.com or www.resurrectionist.ca

Diocesan Newsletter - For information about Activities and Events of interest in the Diocese of Hamilton, subscribe to the online Diocesan Newsletter at www.hamiltondiocese.com

Parish Organizations and Contacts:

Finance Council

Terry Collins, 519-741-1534

Maintenance Committee

Bob Lorentz, 519-576-5556

OOTC Community Suppers

Keith & Sharon Schnarr 519-801-8687

Parish Webmaster

Daniel Delattre, daniel@uwaterloo.ca

Altar Servers Coordinator

Dave Pagett, 519-744-7705

Catechesis Of The Good Shepherd, Youth Ministry

Kelly Krause, 519-743-4101

Catholic Women's League

Donna Herbstreit, 519-884-9380
donna.marie2000@icloud.com

Ministry to the Elderly & Homebound

Cecilia Beechey, 519-572-5435

Prayer Shawl Ministry

Sandra Williams, 519-742-9239

Prayer Chain

Sharon Carey, 519-746-8073

St. Vincent De Paul

For food hamper or more information call 519-743-4101



FRIST SUNDAY IN LENT

MASS INTENTIONS and EVENTS

Monday, February 27 – No Mass

9 AM – NOON Pickle Ball Gym
7:30 PM Lenten Bible Study L. Hall

Tuesday, February 28

9:00 AM To Bring Our Loved Ones Home to the Church

9:30 AM Book Group L. Hall
1:00 PM Prayer Shawl Meeting L. Hall
6:30 PM Choir Rehearsal for 11:30 AM Mass Church

Wednesday, March 1

9:00 AM Intentions of Rosemary Danayka on Her 80th Birthday

9 AM – NOON Pickle Ball Gym

7:00 PM † Louise Lefebvre – CWL Mass

7:30 PM CWL General Meeting L. Hall

Thursday, March 2

9:00 AM † Suresh Ganouri – Esther McKinnon

9:30 AM Lenten Bible Study L. Hall

Friday, March 3

9:00 AM Intentions of the Cornwall Catholic Engaged Encounter Community – Annette & Frank Hulme for CEE District 2

9 AM – NOON Pickle Ball Gym

7:00 PM Stations of the Cross – led by CWL

Saturday, March 4

Vigil of Second Sunday in Lent

5:00 PM † Phyllis Ertel – Larry Ertel
† Louise Feeny – Her Family
† Carol Schneider – Ron Schneider
† Katie & Albert Ruetz – Ruetz Family

Sunday, March 5 – Second Sunday in Lent

9:30 AM † Moe Webster – Sharon & John Carey
† Janet Stevens – Elizabeth
† Alex McKinnon – Esther McKinnon
† Ted & John Kawalec – Joan & Ron Silver

11:30 AM People of St. Louis Church

10:30 AM Sunday Social L. Hall
12:30 PM Lenten Bible Study L. Hall
5:00 PM OOTC Community Supper Gym
2:45 PM – 8 PM Set-up to Clean-up

Stations of the Cross – on Fridays in Lent at 7 PM.



St Francis de Sales' sermons during Lent 1622 begin with his discourse on fasting during Lent. "I thought of speaking to you of the conditions which render fasting good and meritorious. Understand that of itself fasting is not a virtue. It

is a virtue only when it is accompanied by conditions which render it pleasing to God.

We find some people who think that to fast well during the holy season of Lent it is enough to abstain from eating some prohibited food. We know very well that it is not enough to fast exteriorly if we do not also fast interiorly, and if we do not accompany the fast of the body with that of the spirit.

Now among all the conditions required for fasting well, I will select 3 principal ones...

The first condition is that we must fast with our whole heart, willingly, wholeheartedly, universally and entirely.

The second condition is never to fast through vanity but always through humility.

The third condition necessary for fasting well is to look to God and to do everything to please Him, withdrawing within ourselves in imitation of a great saint, St. Gregory the Great who withdrew into a secret place where he remained for a time." (From www.oblates.org/updates/st-francis-de-sales-on-fasting-during-lent)



Our next CWL General Meeting will take place on Wed., March 1st beginning with Mass at 7 PM. Our guest speaker will be Andrew Zettel, Outreach Coordinator from St. Mary's Church. Refreshments and a brief meeting will follow. Please join us! Members and non-members are always welcome.



Volunteers Needed! St. Louis CWL is looking for 1-2 parishioners (do not have to be a CWL member or a woman) to lead our Funeral Lunches. Duties include: communicating with the rectory, family and caterers and arranging for volunteers to assist with the set-up, serving and clean-up. We are looking for those with strong communication and leadership skills who are comfortable working in the kitchen. Please contact our President, Donna Herbstreit for more info: 519-741-6390.

First Reading from Genesis 2:7-9. 16-18. 25; 3:1-7++

Lent is a time of repentance and renewal, which makes today's first reading from the Book of Genesis particularly fitting. It comes from the second of two creation stories. This one gives particular attention to the creation of the first parents and the sin that causes them to be removed from the garden of Eden.

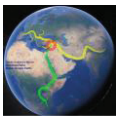
This highly symbolic story begins with God forming a man (Hebrew, *ha adam*) "from the dust of the ground" (Hebrew, *ha adamah*), and then he "breathed into his nostrils the breath of life." Of course, this is the breath of God. Thus, the first human being is both of the earth and of God. Then God, as provider for His creatures, plants a garden with trees that are not just good for food but beautiful to look at and places the man (*adam*) in the garden to tend and care for it.

Two trees in the middle of the garden represent attributes that do not belong to humans – only to God – and from which humans must be protected for their welfare. One is the tree of life, which probably represents immortality. The other is the tree of the knowledge of good and evil. In Hebrew, "to know" is experiential. The phrase "good and evil" is an example of a literary technique called a merism, in which two contrasting elements represent those and everything in between. Thus eating the fruit of the tree of the knowledge of good and evil signifies the experience of everything on the spectrum of good and evil, which is

dangerous and life-threatening for humans who do not have the wisdom and mastery that God has.

With this background in mind, we can better understand what the author of this creation account sought to convey about human sin and its consequences. Adam and Eve are living in the garden in perfect harmony with God and God's creation. Then, into the garden appears a serpent. Many of us assume that this serpent is Satan or the devil, but, in fact, the narrator describes it as the most cunning of God's creatures. The serpent poses a question to the woman concerning what God told Adam about the tree of the knowledge of good and evil, and she responds with an imperfect facsimile of what God said. Finally, when the serpent assures her that they – Adam was with her – would not die if they ate from the tree in the middle of the garden, but they would "be like God, knowing good and evil," she ate of the tree and so did her partner. Like the word "knowing," eating is also a verb of experiencing. Why did they do it? The woman concluded, "the tree was to be desired to make one wise." In other words, they wanted to be like God, despite God's warning that it would bring death to them. Immediately, the humans began to experience the consequences of their action – alienation, shame, and blame. How do we try to play god with our lives and the lives of others, and what consequences come if it?

(From the Workbook for Lectors, Gospel Readers, and Proclaimers of the Word)



In early February, parts of **Turkey and Syria** experienced devastating earthquakes. The earthquakes have left both countries in a state of crisis that is made worse by exposure to aftershocks and winter storms. Those wishing to support the relief effort please pick up a special Relief donation envelope and return it over the next two weeks.



Painting with Kelly – Paused until further notice.

2023 Diocesan Wedding Anniversary Mass – celebrated by Bp. Crosby on Sun., April 16, at 1:30 PM at Cathedral Basilica of Christ the King. The Mass is for couples celebrating their 25th, 40th, 50th or 60th year (or each year after 60!) of marriage in the year 2023. To register (by March 26th) go to www.hamiltondiocese.com, or call Sarah at 905-528-7988 X 2249.

“Trusting God in the Storm” – Sunday March 5, 2:00 PM at St. Agnes Church, 75 Bluevale St. N., Waterloo. Life’s circumstances can sometimes feel overwhelming: relationships, finances, health, family issues & loss...we may feel fearful & anxious when the future looks so uncertain. We might wonder what could possibly be God’s purpose in all of this? This event will focus on trusting in God, relying on Him to calm our internal storms of fear, doubt and uncertainty. Guest Speaker: Fr. Vivek Trindade, St. Anthony Daniel. For details check saintagnescatholicchurch.org/events



Jesus was led by the Holy Spirit into the desert for forty days of prayer and fasting. Are you open to being led by the Holy Spirit into the life-commitment God has prepared for you? If God is calling you to serve Him as a priest, deacon, brother or sister or consecrated virgin, contact Fr. Mark Morley, Director of Vocations and Priestly Formation, 905-528-7988, vocations@hamiltondiocese.com, or Fr. Raphael Ma, Congregation of the Resurrection Vocation Director, at rvocations@gmail.com, or Carmel of St. Joseph, St. Agatha, at 519-884-6700. Pray for vocations!

Prayer Vigil - Thursday, March 2, from 10 to 11 AM opposite Freeport Hospital, 3570 King St. E., Kitchener, for babies being aborted. All are welcome to pray quietly for those who have no voice, but our own! Parking - across the road, Schneider Park. Any queries, please contact Cathy at: kwc.prayervigil@rogers.com

Evenings with His Excellency – Bishop Wayne Lobsinger invites everyone to join him for “Evenings with His Excellency”. This is an opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month (**March 10**), at 7 - 8:30 PM at St. Ann Church, Ancaster. This month we will begin our look at The 10 Commandments. It is also available by livestream on St. Ann’s YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.

World Youth Day at Home - We know many young people are unable to make the international pilgrimage to celebrate World Youth Day this summer in Lisbon. We invite any young person who is interested in gathering together to celebrate World Youth Day here at home in Diocese of Hamilton this August to let us know by completing the survey found at: <https://wyd.hamiltondiocese.com/>. This survey of interest closes **March 10th, 2023**.

Sunday	Loose	Mainten.	Diocesan	Pre Auth.
\$1394.00	\$ 122.00	\$ 716.35	\$70.00	\$ 2477.42

Thank you for your donations!

PRAYERS STRAIGHT FROM THE BIBLE - PSALMS:



Psalms in the New Testament – Around 60 psalms are quoted in all the books of the NT and 30 in the Gospels. The quote from Psalm 22:2 is most well known and raises most questions. “My God, my God, why hast thou forsaken me?” (Mark 15:34). Did Jesus despair? Did God abandon him? We need to recognize that Jesus’ words are a quote from the opening line of Psalm 22. Now, rabbis would often call to mind the entirety of a psalm by quoting the first line. The Psalm contains details that sound very similar to what Jesus was experiencing in His passion:

*“I am poured out like water and all my bones are out of joint” (v.14).
 “My strength is dried up like a potsherd, and my tongue cleaves to my jaws; thou dost lay me in the dust of death” (v.15).
 “Dogs are round about me; a company of evildoers encircle me; they have pierced my hands and feet” (v.16).
 “They divide my garments among them, and for my raiment they cast lots” (v.18).*

Following this description of persecution, the psalm shifts to an expression of hope for deliverance from the persecution:

But thou, O Lord, be not far off! O thou my help, hasten to my aid! Deliver my soul from the sword, my life from the power of the dog! Save me from the mouth of the lion, my afflicted soul from the horns of the wild oxen! . . . For he has not despised or abhorred the affliction of the afflicted; and he has not hid his face from him, but has heard, when he cried to him (vv.19-21, 24).

According to the Psalmist, this vindication results in satisfaction and praise of the Lord among the afflicted (v.26). But in the end, the praise extends beyond the afflicted to all peoples of the earth:

All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before Him. . . Posterity shall serve Him; men shall tell of the Lord to the coming generation, and proclaim His deliverance to a people yet unborn, that He has wrought it (vv. 27, 30). Psalm 22, therefore, ends with good news: salvation from enemies and worship of the Lord by the whole world.

In Judaism, Psalm 22 is traditionally recited on the Fast of Esther, on the day before Purim. (From Wikipedia and Catholic.com)



Resurrectionist Vocation Minute - The three temptations presented to Jesus by the devil offer to fulfil physical needs, establish security, and achieve goals. All the temptations we experience fit somewhere into one these categories. Yet each one in its own way is a temptation to invert our relationship with God from one of trust and love, into one of use and power – “If you are the Son of God...” The vows of chastity, poverty, and obedience are fundamentally a choice to go out of our ordinary routine – in the footsteps of Jesus – and trust that God will take care of our physical needs, protect us, and bring about the Kingdom. Read more at www.resurrectionists.ca



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